

# SAHNOAN STAR

*Stand Not Between Me and the Sun*

From the President . . .

I am saddened to report that our former member Grace L passed away of Covid/double pneumonia on January 21 at her home in Claremore, OK. Services have been postponed for a while. Anyone who wishes to make a donation in honor/memory of Grace may send a gift to:

Zoi's Animal Rescue  
P. O. Box 2905  
Claremore, OK 74018

It is a local non-profit animal rescue group; all donations stay local. If you knew Grace, you know this is the perfect memorial for her.

And 2022 is off and running with our traditional chili cook-off and pie contest/auction. A very busy weekend!

The Sweetheart Dinner will be on February 12, followed by a Valentine's dance with the King and Queen of Hearts crowned and DJ Mike Love. You don't want to miss this event, so call the office and make your reservations. Hurry! Seating is limited.

"You have built an incredible team of volunteers and staff who make visitors feel welcome and ready to return again." This quote is from an AANR Convention visitor last August. It is high praise for Sahnoans and well-deserved. The Star Ranch spring calendar is full of fun events; all will need volunteers:

**Two work days in March.** We come together for breakfast tacos and choose a project to work together on for the day with a lunch break. This is when we prepare the facilities/grounds/outdoor pool for the 5K fun run in early April.

**5K Fun Run.** Volunteers take care of registration, food preparation, timing of runners, man water stations, traffic control, tours, first aid, etc. etc. Call the office to choose your favorite spot to help.

**Breakfast on weekends all summer.** We need COOKS, every Saturday and Sunday plus an extra day on holidays; we need servers, someone to take orders, someone to set up and someone (s) to clean up.

This is what volunteering at Star Ranch looks like. We work hard; then we play hard! We meet new people, share experiences – always one we talk about for days!

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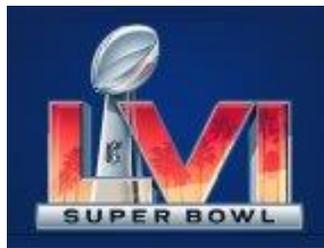
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Thank you all in advance for giving of yourself for the love of Star Ranch.

Actress Audrey Hepburn said it like this: "Remember if you ever need a helping hand, you'll find one at the end of your arm. As you grow older, you will discover that you have two hands: one for helping yourself, the other for helping others." She would have been a great Sahnoan!

Wanda H



*Football fans, this one is for you!*

**February 13, 5:00 PM** - Come out, bring snacks and enjoy Super Bowl LVI, being held at the new SoFi Stadium in Los Angeles. An office-type "football pool" will be in play at \$1 per square, rules to follow.



**Race fans, get your motors running!!**

**February 20, 1:30 PM** - Gary H is hosting a Daytona 500 watch party in Tara Hall. This is the 64<sup>th</sup> running of the Daytona 500. Gary will provide brisket, beer and potato salad. Other sides and desserts are always welcomed.

# This & That



*February 12, 2022  
Sweetheart Dinner and  
Dance with DJ Mike Love*

*Dinner seating is limited to 30,  
call the office now to reserve your seat(s)  
\$15 per person, 512-273-2257*

*Dinner Menu*

*Salad*

*Entrée*

*(choice of either vegetarian lasagna or King Ranch Chicken casserole) with steamed vegetables and dinner roll*

*Dessert*

*The King and Queen of Hearts  
will be selected during the dance  
and announced at 9pm.*

## C.O.G Board of Directors Candidate Bios



My name is Gary Harris. I would like to hold a position on the Star Ranch Board of Directors and contribute to the guidance of Star Ranch growth. My late-wife, Pamela and I had been visiting Star on a regular basis since 2014. We became gold members in 2015 and moved here as permanent residents the beginning of 2016.

I'm a USAF Veteran. After Air Force service, I created and ran my own software consulting business. The Texas Department of Transportation was a main client. After 10 years, I was recruited to join the headquarters team in Austin, where I served for twenty years.

I have had the privilege to serve as the Treasurer for Star Ranch for two years, but I believed that it was time for someone else to have that opportunity. During my tenure I had tried my best to make sure there could be no appearance of or impropriety: no business credit card, not requiring a individual Board member to acquire any personal loans for the Ranch, and two signatures on Ranch checks.

As a representative for Star Ranch, I attended and participated in the August 12 – 16, 2019 American Association for Nude Recreation (AANR) National Convention in Worley, Idaho, where I had the opportunity of getting to know several Board members and hear their discussions about AANR goals.

My vision for the future of Star Ranch Nudist Resort is for Star Ranch to grow into the premier nudist community in America. I want to work to bring a younger, more diverse group of people to the Ranch, while still maintaining the friendliness of Star Ranch. I believe this can be done by an extended outreach to a broader demographic. I would like to see the Sahnoans at Star Ranch become the satellite host of the AANR with an American Nudist Resource Library database of nudist magazines and literature.

Having said all of that, I humbly request your vote for my position on the Board. If you have any questions for me, my email is [garyharris@hotmail.com](mailto:garyharris@hotmail.com).

My name is Bart W. I'm running for a seat on the Board of Directors to contribute to the long term success of Star Ranch. I was first introduced to Star at a 5K and have enjoyed the nature and camaraderie at the ranch. The ranch has provided fun activities, friendships, and peaceful retreat from a busy life in Austin.

Experience I have that will make me a good Board member includes owning a small business, and having served on a number of boards and commissions related to my profession. I have enjoyed helping with food service at the Ranch occasionally, and I recently helped define some accessibility upgrades.

Skills I would bring to the Board include an understanding of building facilities, an interest in building consensus, even-handed disposition, good listening, organization and graphic representation for any building or site planning.

As a Board member I would like to work with others for more efficiency to Ranch operations, brainstorm with members about the future of Star, and put in the planning and due diligence to make those future visions reality. I would like to help prioritize investments that can be made in Ranch assets, like buildings, for long term financial well-being.

Working together, great things can be accomplished to build on the current success of the Ranch.

Have you ever really given much thought as to why showering before getting into a pool is so IMPORTANT?

The following article provides some answers...

## WHY SHOWER BEFORE SWIMMING IN A POOL?

By Bob G. Vincent, MPA

September 18, 2020

### *In a nutshell...*

This article discusses the importance of the pre-swim shower at pools. By choosing to shower before entering the pool, swimmers can help maintain better pool water quality and a healthier experience for themselves, pool staff, and their fellow swimmers.

### Communal Bathing

When swimmers skip the pre-swim shower, the pool essentially becomes their communal bath tub, which is not a pretty image. Our **2019 Water Quality & Health Council survey** found 93% of respondents would never reuse someone else's bath water, yet 68% admitted they do not always shower before swimming! Communal bathing in swimming pools is, therefore, common. Could it be that swimmers don't always shower before entering the pool because they consider chlorinated pool water a safe substitute for washing with soap? Well, there's a bit more to the story.

To continue reading this article, click the link below:

<https://waterandhealth.org/healthy-pools/why-shower-before-swimming-in-a-pool/>

*Bob G. Vincent is an Environmental Administrator in the Florida Department of Health. He manages Department of Health programs for Healthy Marine Beaches, Safe Drinking Water, Water Well Surveillance and Public Pools and Bathing Places.*

## And the winners are...



1st Place-D/I

2nd Place-Mark D

3rd Place-Pete T

## Pie Contest



1st Place-Pete T

2nd Place-Nancy R

3rd Place-Melody T

**The Pie Auction raised \$1570.00**

# BIRTHDAYS AND CELEBRATIONS

## FEBRUARY BIRTHDAY DINNER

WHEN: Friday, February 18, 2022

TIME: 6:00pm

WHERE: TBD



# February, March, & April Birthdays

February	
2/1	Debra C
2/1	Bill C
2/4	Chris H
2/6	Gary C
2/8	Irenen I
2/8	Ronnie B
2/9	Ben T
2/13	Brian K
2/18	Bonnie M
2/18	Jason S
2/20	Lecie D
2/21	Tom B
2/23	Jennifer R
2/23	Matthew D

March	
3/3	Brittney H
3/8	Ellen M
3/8	Danielle B
3/11	Gregg C
3/11	Becky K
3/11	Craig Mc
3/13	Bart B
3/15	Eric G
3/15	Kate M
3/16	Jack W
3/16	Lori M
3/17	Larry S
3/17	Howard M
3/20	Paula T
3/20	Ray M
3/21	Lara L
3/23	Wanda H
3/25	Kevin (Kal) R
3/29	Victoria D
3/29	Jolynn B
3/30	James S
3/31	Bruce R

April	
4/1	Randy S
4/3	Alvin J. G
4/4	Ron H
4/4	Mark W
4/6	Owen T
4/12	Pixie Mc
4/12	Lucienne N
4/13	Fred H
4/14	Nancy D
4/14	Marta M
4/15	Syrus S
4/19	Steve N
4/23	Stuart G
4/24	Tim S
4/28	Melissa S
4/28	David W
4/29	Roy E
4/30	Katharina W

# Tidbits

**The next Board of Directors meeting is scheduled for Saturday, February 19, @ 10am @ Tara Hall**

## **CALLING ALL McDADIANS!**

Meet and Greet  
Your Candidates for:

County Judge  
Precinct 4 Commissioner  
State Representative

Thursday, February 10<sup>th</sup>, 7PM  
Downtown McDade Meeting Room

**Star Ranch is looking for a  
GENERAL MANAGER**

**If you or someone you  
know might be interested,  
please have them contact  
Crystal at 512-791-1116.**

**The position includes supervision  
of the Welcome Center, Member  
Relations, Maintenance and  
Housekeeping.**

## **For all of you with Green Thumbs**

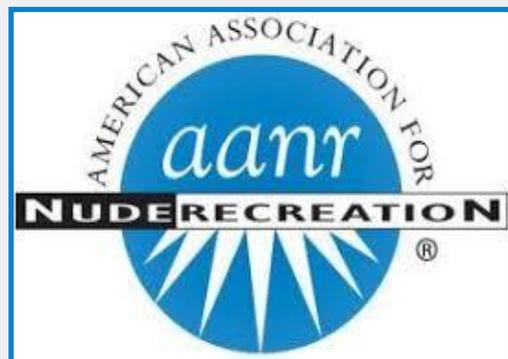
There is a group of folks here at the Ranch that are investigating the creation of a community garden. Star Ranch used to have one many years ago - the "good old days".

Please contact the office if you have interest in this idea. We still need to decide on the location, fencing, plot size and allocation, etc.



Please join us!

Community  
GARDEN



## COMING ATTRACTIONS/EVENTS

(As always, check the online calendar for the most current schedule of events and activities)

**\*\*\*ALL EVENTS ARE SUBJECT TO CHANGE\*\*\***

[Click Here For Online Calendars](#)

### **Saturday, February 5**

1:00pm Community Garden Planners  
6:00pm Stop-n-Socialize in The Hall

### **Sunday, February 6**

9:00am Office Closed

### **Saturday, February 12**

10:00am Valentine's Decorate the Hall  
6:00pm Valentine's Sweetheart Dinner  
8:00pm Sweetheart Dance

### **Sunday, February 13**

8:30am JT's Bacon Breakfast Tacos - Tara Hall  
9:00am Office Closed  
10:00am Sahnnoan Council Meeting  
5:00pm SUPER BOWL LVI

### **Friday, February 18**

6:00pm Birthday Dinner

### **Saturday, February 19**

10:00am COG Board of Directors  
7:00pm MOVIE NIGHT!

### **Sunday, February 20**

9:00am Office Closed  
1:30pm DAYTONA 500

### **Saturday, February 26**

6:00pm Stop-n-Socialize in The Hall  
7:00pm Karaoke TBD

### **Sunday, February 27**

8:30am JT's Bacon Breakfast Tacos  
9:00am Office Closed

### **Saturday, March 5**

WORK DAY!  
7:00pm MOVIE NIGHT!

### **Sunday, March 6**

9:00am Office Closed

### **Saturday, March 12**

10:00am Decorate for St Paddy's Day  
6:00pm St. Patrick's Day!

### **Sunday, March 13**

8:30am JT's Bacon Breakfast Tacos - Tara Hall  
9:00am Office Closed  
10:00am Sahnnoan Council Meeting

<p align="center"><b>Friday, March 18</b> 6:00pm Birthday Dinner</p>
<p align="center"><b>Saturday, March 19</b> 10:00am COG Board of Directors 6:00pm Stop-n-Socialize in The Hall</p>
<p align="center"><b>Sunday, March 20</b> 9:00am Office Closed</p>
<p align="center"><b>Saturday, March 26</b> WORK DAY! 7:00pm Movie Night</p>
<p align="center"><b>Sunday, March 27</b> 8:30am JT's Bacon Breakfast Tacos 9:00am Office Closed</p>
<p align="center"><b>Saturday, April 2</b> 1:00pm Race Volunteers Meeting 6:00pm Stop-n-Socialize in The Hall</p>
<p align="center"><b>Sunday, April 3</b> 9:00am Office Closed</p>
<p align="center"><b>Saturday, April 9</b> Bare Buns 5k Fun Run 6:00pm Stop-n-Socialize in The Hall</p>
<p align="center"><b>Sunday, April 10</b> 10:00am Sahnoan Council Meeting</p>
<p align="center"><b>Friday, April 15</b> 6:00pm Birthday Dinner</p>
<p align="center"><b>Saturday, April 16</b> 10:00am COG Board of Directors 6:00pm Stop-n-Socialize in The Hall</p>
<p align="center"><b>Saturday, April 23</b> 6:00pm Stop-n-Socialize in The Hall</p>
<p align="center"><b>Saturday, April 30</b> 10:00am COG Annual Shareholder Meeting 6:00pm Stop-n-Socialize in The Hall</p>

**\*\*\*Reminder\*\*\***

With colder weather here, it's time to double check you plumbing and pipes to make sure they are protected, turn off your main water valve, etc. while you are away.

**C.O.G. Board of Directors**

President Wanda H  
Vice President Crystal W  
Secretary Jamie M  
Ronnie B  
Mike W  
Treasurer David M

**Sahnoan Council**

Craig & Linda Mc  
Deborah V  
Mark D  
Bob & Nancy R  
CM J

**Star Ranch Staff**

Business Manager  
  
Front Office Linda Mc  
  
Maintenance Mike M  
Patrick L  
  
Housekeeping Jean M  
Mo V

*Thoughts  
And  
Prayers*

**Classified Ads**

The Board recently approved the reinstatement of ads in the Sahnoan Star, our monthly newsletter.

Please send your finished ad as a .jpeg file to Jennifer at [jkm8765@gmail.com](mailto:jkm8765@gmail.com)

Ad rates are as follows:

Full page ad—\$80

1/2 page ad—\$60

1/4 page ad—\$40

Business card ad—\$25

The Sahnoans at Star Ranch is a family-oriented nudist community/club that has been in operation since 1957. Dedicated to maintaining a wholesome and safe environment for the enjoyment of nudist activities, the Club is a member in good standing of the American Association for Nude Recreation (AANR) and AANR-Southwest. You have received this Newsletter because your are either a member of the club or you have opted-in on our website. Please let us know if you do not wish to receive future editions.

**The next Council meeting  
is scheduled for  
Sunday, February 13,  
at 10:00am.**

STAR RANCH



McDade, Texas

**Note from the Editor**

Deadline for newsletter submissions is the 25th of each month. If you have an idea or submission for the newsletter, please email me at [jkm8765@gmail.com](mailto:jkm8765@gmail.com). Jennifer M.

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