



## SUNBURN?

Information from Skin Care Foundation

Even though sunburn heals on its own, it can be painful. Many people search out remedies to soothe irritated skin. Here are a few to try as soon as you realize you have been burned:

- \* Drink plenty of water to hydrate
- \* Wear loose clothing (or not) to prevent irritation
- \* Try over the counter pain relievers or aloe vera gel
- \* Take a cool shower or bath, cool wash cloths on burned areas of skin

If you don't have blisters, apply a moisturizing cream that contains aloe vera and soy when your skin is damp. This can help soothe sunburn. Applying a cream or sunburn lotion with vitamins C and E, may help limit skin cell damage. DO NOT apply butter, petroleum jelly or other oil based products. They will block pores keeping heat and sweat from escaping. Do not use a product containing benzocaine or lidocaine as they can make skin irritation worse.

Do not scratch or peel away blisters as this could cause an infection. Wear clothing made from tightly woven fabric over sunburned skin when you're outside.

### 4th of July Weekend

<u>July 4</u>	<b>6 PM</b>	<b>Hot Dogs at Outdoor Pool</b>
<u>July 5</u>	<b>8-10 AM</b> <b>10 AM</b> <b>10:30 AM</b> <b>11 AM-4 PM</b> <b>Noon-3 PM</b> <b>5 PM</b> <b>6 PM</b> <b>7 PM</b> <b>8 PM</b>	<b>Breakfast Tacos in Margie's Cafe</b> <b>Washers</b> <b>Water Aerobics at Outdoor Pool</b> <b>Marietta Embroidery in Tara Hall</b> <b>Hot Dogs/Sausage Wraps at Outdoor Pool</b> <b>Pickle Ball</b> <b>Potluck in Tara Hall</b> <b>Jungle Ball at Outdoor Pool</b> <b>Music at the Outdoor Pool</b>
<u>July 6</u>	<b>8-10 AM</b> <b>9 AM</b> <b>10 AM</b> <b>10:30 AM</b> <b>2 PM</b> <b>11 AM-4 PM</b> <b>Noon-3 PM</b> <b>12 PM</b> <b>1 PM</b> <b>3 PM</b> <b>6 PM</b> <b>8 PM</b>	<b>Breakfast in Margie's Cafe</b> <b>Petanque</b> <b>Indoor Board Games in Tara Hall</b> <b>Water Aerobics at Outdoor Pool</b> <b>Indoor Board Games in Tara Hall</b> <b>Marietta Embroidery in Tara Hall</b> <b>Hot Dogs/Sausage Wraps at Outdoor Pool</b> <b>Water Volleyball</b> <b>Golf Cart Parade</b> <b>Washers</b> <b>Burgers at Outdoor Pool</b> <b>Glow Stick Dance at Outdoor Pool</b>
	<b>9 AM-5 PM</b>	<b>SILENT AUCTION (see Melissa S for details)</b>
<u>July 7</u>	<b>8:30-10 AM</b>	<b>Breakfast in Margie's Cafe</b>

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## NATIONAL NUDE WEEK

aanr.com

July 14—20, 2019

What do Lady Gaga, George Washington, Hugh Jackman, Shakira, Eva Mendes, Heidi Klum, and Ben Franklin have in common? They've each admitted to enjoying skinny-dipping and the feeling of being nude. Movie stars, musicians, and entertainers today are openly professing their comfort level getting naked while swimming, cleaning house, and relaxing in their birthday suits. So, in July, we encourage free spirits young and old to join in the celebration of national Nude Recreation Week, July 14-20, started by [The Naturist Society](#) (TNS) over three decades ago, and experience the stress-relieving freedom of nude recreation. Why not take a skinny dip in your backyard pool? Don't have a pool? Then wash the family pet in the nude, scour the shower in the nude, vacuum the house nude, read a book, garden, or enjoy some other activity in an appropriate setting in the nude.

Nude Recreation Week gives first-timers a chance to shed stress by giving clothes-free recreation a try. This annual celebration is open for individuals, couples, and families to visit their favorite nude beach or one of over 250 clothing-optional and clothes-free clubs affiliated with AANR, to experience firsthand this growing trend in both travel and recreation.

Now is the time! Come to Star Ranch!

## Inappropriate Behavior

by Ken W

The efforts of our members to grow our club is doing well. We have had several new folks visit our club over the last few weeks. Many of them have told us that it was their first nudist experience and how comfortable it was how nice the people are. These are great compliments to hear! We have also been getting increased questions about membership. All great news, right?

On one hand the potential growth is great, it helps financially and it gives us new folks to get to know. On the other hand, getting to know a very small percentage of them can be painful. Those of us who have been around Star Ranch a while, know what is considered appropriate and inappropriate. Once in awhile, our new visitors do not know what our standards are, and it is our responsibility to let the folks know what we are about and keep them in line with our standards. Most folks love the fact that we run background checks on each person that comes out because it makes them feel comfortable. Occasionally there is someone goes outside of our standards and makes folks feel uncomfortable. If any of us feel uncomfortable because of the actions of an individual or individuals, it should be brought to the attention of myself or a BOD member. If it is not brought to the attention of us, the problem will only grow as those who fall outside our standards, invite their friend to come out as well. This is a huge problem, and it is time to make sure that each visitor is well aware of our standards of behavior when they enter our facility or before.

I will be updating our website to inform the general public of our standards and the consequences for going beyond the boundaries we have long established. The office will also be handing out a very frank statement to all visitors at check-in, explaining our family atmosphere and high behavioral standards. The website will include behaviors about sexual conduct as well as what type of behaviors while drinking is appropriate. I will have this information updated by the 4<sup>th</sup> of July. But in short it will explain how any sexual gestures or suggestions that make anyone uncomfortable will not be tolerated. Cursing with children present or loud obnoxious cursing will not be tolerated, nor will any aggressive or mean behavior by anyone drinking alcohol. In short NO SEXUAL ACTIVITIES and NO MEAN DRUNKS. We love our members and guests to share drinks, laugh and dance, but we will vet out the mean or obnoxious folks who cannot control themselves.

I believe all of our members have these common interests as stated above. We will gladly redirect folks looking for sexual adventures to another club more to their taste.

It is sad that we have had to add a total of 5 folks to our "DO NOT ADMIT" list in the past 2 weeks, but I hope you all understand that this will only help keep our club a family environment for all of us to enjoy without feeling uncomfortable or threatened. If we can't grow with folks holding our same values, I would rather not grow at all! That's the benefit of being a club and not a resort.

Thanks to all of you for your support and cooperation in keeping our club a family environment!

**July Birthday Dinner** will be at Consilina Pizzeria at 1093 Hwy TX-95 at 6 PM on July 19th. It is on the way to Bastrop between LBA Drive and Hwy 1441 in the strip mall where new service station is located.

You can check out their website at [consilinpizzeria.com](http://consilinpizzeria.com)

Not just pizza!



Nestor & Megan S  
Arman & Phyllis Z

# July

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 "Stay out of the Sun" Day		5 See Week-end Schedule on Front Page	6 See Weekend Schedule on Front Page  Silent Auction
7 See Week-end Schedule on Front Page	8	9 Natl Sugar Cookie Day	10 6 PM Potluck with music by Phil & Phriends	11	12	13 McDade Watermelon Festival 8:30 -10 AM Breakfast 2 PM Snacks at the Pool
14 Natl Nude Day 8:30 -10 AM Breakfast	15	16	17 National Hot Dog Day	18	19 6 PM Birthday Dinner—see Page 2 for location	20 8:30 -10 AM Breakfast 10 AM Board Mtg 2 PM Snacks at the Pool 3 PM Frozen T-shirt Contest 3 PM Ice Cream Contest 8 PM Music at the Pool
21 8:30 -10 AM Breakfast 10 AM Council Mtg	22 Hammock Day!	23	24	25	26	27 8:30 -10 AM Breakfast Noon—Water Volleyball Tournament 1 PM Golf Cart Race 2 PM Snacks at the Pool 8 PM Music at the Pool
28 8:30 -10 AM Breakfast Parents Day	29	30	31			

# August

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b>	<b>2</b>	<b>3</b> 8:30-10 AM Breakfast 2 PM Snacks at the Pool Margarita Contest 3 PM Mexican Bingo 8 PM Dance with BGs Music
<b>4</b> 8:30-10 AM Break- fast	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> 8:30-10 AM Breakfast 2 PM Snacks at the Pool BBQ Cook Off Potato Salad Contest Picnic Following 8 PM Country Music Dance
<b>11</b> 8:30-10 AM Break- fast	<b>12</b>	<b>13</b> Left Handers Day	<b>14</b> 6 PM Potluck with Music by Phil & Phriends	<b>15</b>	<b>16</b> 6 PM Birthday Dinner TBD	<b>17</b> 8:30-10 AM Breakfast 10 AM Board Mtg 2 PM Snacks at the Pool 3 PM Washers Tournam- ent 8 PM "All Request" Dance
<b>18</b> 8:30-10 AM Break- fast 10 AM Council Mtg	<b>19</b>	<b>20</b> World Mosquito Day	<b>21</b> Senior Citizens Day	<b>22</b>	<b>23</b>	<b>24</b> 8:30-10 AM Breakfast 2 PM Snacks at the Pool 8 PM "50s" Dance
<b>25</b> 8:30-10 AM Break- fast	<b>26</b> National Dog Day	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b> National Marshmallow Toasting Day	<b>31</b> See Labor Day Weekend Schedule on Page 7



Sun	Mon	Tu	Wed	Thu	Fri	Sat
1 See Labor Day Weekend Schedule on Page 7	2 Labor Day	3	4	5	6	7 8:30 – 10 AM Breakfast 2 PM Snacks at the Pool
8 8:30 – 10 AM Breakfast Grandparents Day!	9	10	11 9/11 Remember- ance 6 PM Potluck with Music by Phil & Phriends	12	13	14 8:30 – 10 AM Breakfast 2 PM Snacks at the Pool
15 8:30 – 10 AM Breakfast	16	17	18	19	20 6 PM Birthday Dinner TBD Film Festival	21 Film Festival 8:30 – 10 AM Breakfast 10 AM Board Mtg 2 PM Snacks at the Pool
22 8:30 – 10 AM Breakfast 10 AM Council Mtg	23	24	25	26	27	28 8:30 – 10 AM Breakfast 2 PM Snacks at the Pool
29 8:30 – 10 AM Breakfast	30					

# October 2019

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
		1	2	3	4 World Smile Day	5 8:30-10 AM Breakfast
6 8:30-10 AM Breakfast	7	8	9 6 PM Potluck with Music by Phil & Phriends	10	11	12 5K Chilly Cheeks
13 8:30-10 AM Breakfast	14 Columbus Day	15	16 Boss's Day	17	18 6 PM Birthday Dinner TBD	19 8:30-10 AM Breakfast 10 AM Board Mtg
20 8:30-10 AM Breakfast 10 AM Council Mtg	21	22	23 First Day of Fall	24	25	26 8:30-10 AM Breakfast Halloween Dance
27 8:30-10 AM Breakfast	28	29	30	31		

## July History

Birthstone: Ruby                      Flower:      Water Lily or Larkspur

Cancer—June 21—July 20      Leo—July 21—August 20

July and April start on the same day every year

July 1, 1963—Zip codes were introduced for US Mail

July 4, 1776—The U S Declaration of Independence is adopted by the Second Continental Congress

July 7, 1930—Construction of the Hoover Dam began

July 10, 1938—Howard Hughes set a record completing a 91 hour trip around the world

July 16, 1945—The U S successfully detonated a plutonium based test nuclear weapon near Alamogordo, New Mexico

July 20, 1903—Ford Motor Company shipped its first car

July 26, 1971—Launch of Apollo 15 featuring the first use of a Lunar Roving Vehicle

July 31, 1930—The radio mystery program *The Shadow* aired for the first time



2019 McDade Watermelon Festival  
July 12—13

Friday—July 12

8 PM      Street Dance      \$5.00

Saturday—July 13

8 AM      Gates Open

Car Show

Arts & Craft Booths

Children Activities

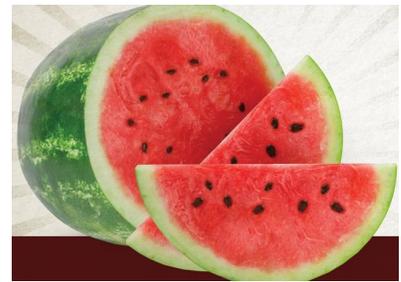
BBQ

Bingo

Seed Spitting Contest

Horseshoe Tournament

10:30 AM      Grand Parade



## I SCREAM

### YOU SCREAM

### WE ALL SCREAM FOR ICE CREAM !

Ice cream contest is July 20th, 3 PM at the Pool Pavilion. Must bring own churn, all "churn" together!

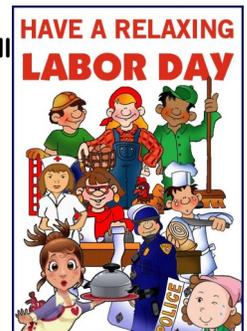
**NO STORE BOUGHT ICE CREAM, HOME MADE ONLY!**



**Judges will be needed!**

## Labor Day Schedule

8/31	8-10 AM	Breakfast
	9 AM	Petanque
	Noon	Water Volleyball
	3 PM	Washers
	6 PM	Dinner
	8 PM	Dance with "Eagles" music
9/1	8-10 AM	Breakfast
	9 AM	Petanque
	Noon	Water Volleyball
	3 PM	Washers
	6 PM	Dinner
	8 PM	Dance



**C.O.G. Board of Directors**

President Mike W  
 Vice President Wanda H  
 Secretary Larry S  
 Ivan Mc  
 Paul O  
 Treasurer Gary H  
 Corporate Secretary  
 Linda M

**Star Ranch Staff**

General Manager Ken W  
 Office Manager Pixie M  
 Finance Officer Gary H  
 Front Office Carla W  
 Linda M  
 Melissa S  
 Maintenance Mike M  
 Housekeeping Jean M  
 Kerry A

**Sahnoan Council**

Roy F  
 Grace L  
 Pete & Lisa T  
 Craig & Linda Mc  
 Deborah V & Tim S  
 Rob & Marietta D



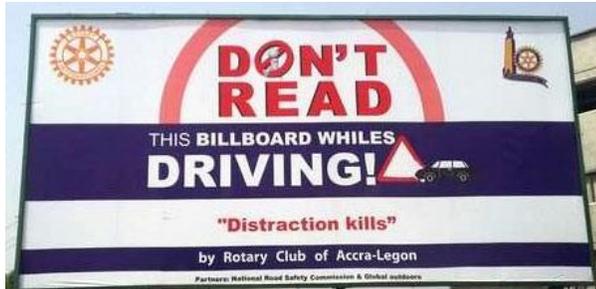
**WANTED**

Maintenance is in need for a heavy duty gas powered weed eater OR a Stihl power head with interchangeable attachments.

**Optimist:** Glass is half full

**Pessimist:** Glass is half empty

**Mother:** Why didn't you use a coaster?



Star Ranch's Texas Area Nudist Film Festival will be back for a second year on September 20 & 21.

Join us for an exciting variety of short films and feature films. We will be screening everything from documentaries to dramatic films this year, and the popular "Nudist Film" category will also be back.

Admission is free for Star Ranch Members and if non members wish to attend they just have to pay the appropriate Star Ranch gate fee, bring a photo ID and follow the rubles.

We are planning for fun weekend of films but with enough free time to also enjoy the fall weather!

Susie V 7/1  
 David S 7/4  
 Marv K 7/11  
 Jim A 7/17  
 Beth B 7/19  
 Dick L 7/22  
 Deidra F 7/23  
 David Mc 7/23  
 John M 7/25  
 Abby P 7/26  
 Megan S 7/29

Bruce D 8/1  
 Cat P 8/1  
 Gary H 8/2  
 CM J 8/2  
 Henry F 8/3  
 Tim H 8/5  
 Barb K 8/5  
 Joe R 8/6  
 Jennifer M 8/7  
 Eddy G 8/8  
 Beverly K 8/19  
 Ardeth S 8/24  
 Mike M 8/24  
 Gnie C 8/31  
 Myrle S 8/31

Jordan S 9/1  
 Belinda A 9/4  
 Mike Mc 9/5  
 Paul O 9/5  
 Crystal W 9/6  
 Peggy L 9/6  
 Jennifer H 9/6  
 Gary C 9/9  
 Kim D 9/10  
 Nikki L 9/10  
 Mark B 9/10  
 Dina P 9/13  
 Craig B 9/15  
 Ron E 9/17  
 Jamie M 9/18  
 Joe W 9/19  
 Brandi T 9/20  
 Mike W 9/25  
 Pat W 9/28  
 Bob R 9/30

Luke T 10/2  
 Jeanie O 10/6  
 Cody H 10/7  
 Bill G 10/8  
 Lottie H 10/14  
 Gregory S 10/17  
 Ethel M 10/19  
 Heather K 10/19  
 Rodney Mc 10/21  
 Robert D 10/24  
 Charlotte M 10/29

