

# SAHNOAN STAR

*Stand Not Between Me and the Sun*



*Courtside with Gidget*

## **Glowing Good Times: Star Ranch Goes Brazilian!**

From the sidelines to the spotlight, here's what's catching my eye.

Star Ranch lit up with color, music, and contagious energy during our very first Brazilian Carnival — and what a glowing success it was! The Pool and Pavilion area was transformed into a tropical celebration, bringing the vibrant spirit of Brazil right to the heart of the Ranch.

The day kicked off with a creative decorating crew hard at work, turning the space into a festive wonderland. A large banner greeted guests at the pool gate, while neon and glow-in-the-dark balloons wrapped around the poles added a playful, electric vibe. Garlands, tropical leaves, and bright hibiscus honeycomb centerpieces gave the Pavilion a splash of floral flair. Tables were adorned with glow stick wristbands, Carnival headbands, and colorful paper masks — every detail adding to the excitement. Peacock-themed banners decorated the Pavilion posts, and a glow-in-the-dark inflatable ball bounced across the pool, setting the stage for a truly magical night.

Behind the scenes, our grill masters Richard and David M. fired up Richard's grill and smoker, preparing delicious chicken, veggie, pineapple, and even watermelon kabobs. Just in time for the 6:00 p.m. potluck, the feast came together — a spread of mouthwatering appetizers, vibrant salads, tempting side dishes, delectable desserts, and the beloved Pão de Queijo (Brazilian cheese bread). We're lucky to have some truly fantastic cooks at Star Ranch — and honestly, it's time for a Naked Cookbook! Thankfully, Nancy R. is already on it, so keep an eye out — recipe requests might be coming your way soon. Your famous dish could be a featured favorite!

The evening kicked off with a joyful poolside parade led by Elisa and Teresa waving a colorful Brazilian flag. The lively procession circled the pool with laughter, rhythm, and flair. Next came the first game: a three-legged pool relay race, cheerfully announced by Sandi S. All pairs dashed (and stumbled) their way to the finish line, with first-place winners earning light up party cups and second-place finishers receiving waterproof phone cases. The second game, energetically announced by Elisa M., was the hilarious blindfolded partner pool race — one teammate blind-

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folded, the other guiding them by voice alone. It was a true test of teamwork and trust, with plenty of laughs along the way. Judges were on hand to keep things fair (and fun) — IYKYK... If you know, you know!

We closed out the official festivities with heartfelt thanks to the amazing volunteers who made the night possible: Nancy, Brad, June, Sandi S., Mark S., Elisa, David, Olga, Randy, Richard, Teresa, Pete, Lisa, and of course, our fantastic DJ Delight.

With the games and potluck complete, DJ Delight lit up the night with music, lights, and irresistible beats. The dance floor glowed with energy as guests danced under the Texas stars and smiles all around.

Thank you to everyone who helped bring this incredible night to life. The joy, teamwork, and community spirit truly captured the essence of Carnival. We can't wait to do it all again next year!

See you around, minus the extra layers!

**Click and Register today for the 7th Annual "Chilly Cheeks 5k" on October 4**



Star Ranch is the premier stop of the 2025 A.A.N.R. Southwest Nude Racing Series and you don't need to have participated in any other race to run here. Our 5k runs are "clothing optional," meaning wear as much or as little as you like. **All runners must be pre-registered.**

At Star Ranch, we pride ourselves on over 65 years of hospitality serving the nudist community of central Texas. Explore the web site for more information on the Ranch and the other activates we host throughout the year

We look forward to seeing you on Race Day!

Parking opens at 9:00 AM – the race starts at 1:00 PM.

### **\*\*Chilly Cheeks 2025 T-shirts\*\***

Chilly Cheeks 2025 T-shirts will be available for pre-order only during August. Shirts will NOT be available for purchase at the event. The price is \$20. To pre-order, email [starranch5k@outlook.com](mailto:starranch5k@outlook.com) with your name and sizes.



## **President's Message**

Hello Team, thanks for giving me and all the members the opportunity to serve on the Board of Directors. We are all honored to make decisions that are in the best interest of our members and the Ranch.

We have had some successes and encountered some challenges. The largest immediate challenge is the indoor pool. It continues to sink into the ground. We are evaluating options at present.

On the positive front, someone who has chosen to remain unidentified, has decided to donate a UTV to the Ranch. Please understand, this is not a used vehicle. It arrived Wednesday (July 30) brand new from the dealer. I am speechless in trying to say thank you.

The work on the website is progressing nicely. We hope to have it complete and in service in the next 30 days.

Headcount continues to rise. Visitors, short term rentals, leaseholders and residents have all seen increases. Many thanks to the Council in ensuring we do not loose who we are as we grow. The conversation concerning a rejected application is not easy but is sometimes necessary.

A special shout out to you all as members. Without you all selling the Ranch to guests and friends, we would not have the activity we do.

At our July Board meeting, I announced our plan to vote on a rate increase at our August Board meeting. That may slip to September. Honestly, we are discussing the options and may not be ready to vote in August. Regardless of when we vote, implementation will be at least two months post vote. As I said in July, I am suggesting a 20% increase in short term rentals and day passes. Additionally, an increase in memberships and lease payments of 10%. Let me be clear, my fellow Board members have their own ideas so this is by no means settled.

The need for the increase lies in the cost of running the Ranch. Electricity, water, and propane have all increased immensely.

Thanks for all you do, the Ranch would not be the same without each and everyone of you.

Mark S

CSR

## AUGUST BIRTHDAY DINNER

**WHEN:** Friday, August 15, 2025

**TIME:** 6:00pm

**WHERE:** [Paige Roadhouse](#) (click on name for directions)



## August, September, & October Birthdays

August	
8/1	Cat W
8/1	Phyllis Z
8/2	CM J
8/4	Vicky I
8/4	Stephen C
8/5	David M
8/5	Jonathan T
8/5	Barbara K
8/6	Melissa C
8/6	Joe R
8/7	Dan H
8/7	Christina T
8/7	Jennifer M
8/9	Sherry L
8/9	Deborah B
8/10	Mary Anne G
8/11	William B
8/13	Beverly C
8/13	Robert N
8/14	Tim V
8/21	Don G
8/23	Earl H
8/24	David Lee L
8/24	Ardeth S
8/24	Mike M
8/25	"Mo" V
8/31	Genie C

September	
9/1	Michael E
9/1	Jordan S
9/5	Paul O
9/6	Crystal W
9/8	"Ernie" M
9/9	Brianne Q
9/9	Belinda A
9/10	Kimberly D
9/10	Mark B
9/12	"Felix" M
9/15	Craig B
9/16	Thomas L
9/17	Ron E
9/18	Charlene P
9/18	Jamie M
9/19	Joe W
9/20	Ranae M
9/21	Brandi T
9/25	Mike W
9/28	Pat W
9/30	Kent S
9/30	Robert R

October	
10/2	Luke T
10/3	Cynthia M
10/3	Glenn G
10/7	Donna B
10/8	Stephanie M
10/8	Catherine N
10/8	Bill G
10/10	Brad F
10/14	Michelle L
10/14	Lottie H
10/15	Teresa R
10/15	Laura G
10/17	Gregory S
10/18	Patrick L
10/19	Ethel M
10/19	Heather K
10/24	Dawn A
10/24	Robert D
10/26	Richard W
10/26	Mike G
10/29	"Randy" Y
10/29	Jason A
10/29	Steve O
10/29	Ronald F

# UPCOMING EVENTS

\*\*\*ALL EVENTS ARE SUBJECT TO CHANGE\*\*\*

[Click Here For Online Calendars](#)



## Friday August 8

**7 pm** – Meet & Greet @ the pool. Bring your favorites to share!

## Saturday August 9

**8 – 930 am** – Poolside breakfast at the Nekkid Parrot.

**9 am** – Pickleball P.U.G.

**9 am** – Petanque P.U.G.

**10 am** – Sahnoan Council meeting – everybody is welcome

**12 noon** – Water Volleyball P.U.G.

**2 pm** – Snacks @ the Pool

**3 pm** – Cornhole P.U.G.

**3 pm** – Washers P.U.G.

**7 pm** – The 33rd Running at Sahnoan Downs, in the Pavilion

**8 pm** – KARAOKE with KJs CM & Jody

## Sunday August 10

**8 – 930 am** – Poolside breakfast at the Nekkid Parrot.

# Parrothead Weekend

## Friday August 15

**6 pm** – Our monthly Star Ranch Birthday Dinner – Roadhouse  
Paige

## Saturday August 16

**8 – 930 am** – Poolside breakfast at the Nekkid Parrot.

**10 am** – C.O.G. Monthly Board of Directors meeting – Tara Hall

**12 Noon** – Water Volleyball P.U.G.

**1 pm** – Parrothead Hat Contest

**2 pm** – Parrothead Frozen Drink Contest – Made at the Pool

**2 pm** – Snacks and Birthday Cake @ Pool

**3 pm** – Parrot on Your Shoulder Contest

**4 pm** – Parrothead Shirt Contest

**6 pm** – LUAU Potluck– Jimmy Buffett-style

[Click Here for Sign-Up](#)

**8 pm** – DJ Dance @ the pool w/ DJ Mike Love

## Sunday August 17

**8 – 930 am** – Poolside breakfast at the Nekkid Parrot.



**Friday August 22**

**7 pm** – Meet & Greet @ the pool. Bring your favorites to share!

**Saturday August 23**

**8 – 930 am** – Poolside breakfast at the Nekkid Parrot

**9 am** – Pickleball P.U.G.

**10 am** – Rock Painting

**12 noon** – Water Volleyball P.U.G.

**2 pm** – Snacks @ the Pool

**3 pm** – Molcky P.U.G.

**5 pm** – Deck Crawl

**8 pm**– KARAOKE w/ KJ Captain Jack

**Sunday August 24**

**8 – 930 am** – Poolside breakfast at the Nekkid Parrot.

**LABOR DAY WEEKEND**



**Friday August 29**

**7 pm** – Meet & Greet @ the pool. Bring your favorites to share!

**Saturday August 30**

**8 – 930 am** – Poolside breakfast at the Nekkid Parrot.

**9 am** – Petanque Tournament

**9 am** – Pickleball Tournament

**12 noon** – FOOD TRUCK!! – until 6pm.

**12 noon** – Water Volleyball Tournament

**2 pm** – Indoor Games Tournament

**3 pm** – Cornhole Tournament

**3 pm** – Washers Tournament

**8 pm** – DJ Dance

**Sunday August 31**

**8 – 930 am** – Poolside breakfast at the Nekkid Parrot.

**9 am** – Petanque Tournament

**9 am** – Pickleball Tournament

**10 am** – Indoor Games Tournament

**12 noon** – FOOD TRUCK!! – until 6pm.

**12 noon** – Water Volleyball Tournament

**3 pm** – Cornhole Tournament

**3 pm** – Washers Tournament

**7 pm** – Sand Volleyball Tournament – listen for the bell!

**8 pm** – Music @ the pool



For event details for September and October, click on the image for that month. You will be taken to the appropriate page on the Ranch's website.



*Mark Your Calendars—  
On Saturday, September 20, come  
Celebrate  
Star Ranch's 68th Anniversary!!!*

X FACTORY

**WELCOME**  
*new members*  
.....

Daniel J  
Sue & Guy F  
Andi & Cliff P  
Dawn A & Mike R  
Paul V

Summer is Winding Down,  
but the Ranch is Still HOT!  
Here's What's Still to Come...

**Deck Crawls**

**Parrothead Weekend**

**Chilly Cheeks 5K**

**Karaokes**

**DJ Dances**

**Movies @ Pool**

**Progressive Dinner**

**Labor Day Weekend**

**White Elephant Gift Exchange**

**Crafts Show**

**HALLOWEEN!**

**THANKSGIVING**

**Yard Olympics**

**Sahnoan Downs**

**LUAU**

**Christmas Contests**

**ANNIVERSARY WEEKEND**

**X Factory**

**New Years's Eve Dance**





*Courtside with Gidget*

## **Keep Hydrated**

From the sidelines to the spotlight, here's what's catching my eye.

While I'm not here to nag like a parent **nor** am I a health professional, I am a friend who is just sharing information that I have read. Please note: this list is not a complete list, but it covers the very basics.

**Stay Cool and Hydrated at Star Ranch:** You might have noticed the "HYDRATION" signs around Star Ranch, especially in the bathrooms. They're friendly reminders to keep our bodies fueled with water, especially during these hot summer days.

**Balancing Booze and H2O:** Enjoying a drink? Great! Just remember to sip some water alongside it. A good rule of thumb is to drink 8–12 ounces of water for every alcoholic beverage you have.

**Snack Smart with Hydrating Foods:** Foods like watermelon, cucumbers, strawberries, and cantaloupe are not only delicious but also packed with water. Snacking on these can help keep you hydrated throughout the day.

**Electrolytes, Your Hydration Helpers:** Electrolytes are essential minerals that help regulate fluid levels in your body. Drinks like Gatorade or adding electrolyte powders to your water can replenish these vital nutrients, especially after activities that cause you to sweat.

### **Tips to Stay Hydrated:**

Keep a refillable water bottle with you.

Infuse your water with fruits like lemon or strawberries for added flavor.

Start your day with a glass of water before your morning coffee to kickstart your digestion.

Please join me in this healthy initiative to stay hydrated and support our health and well-being!

See you around, minus the extra layers!

For Labor Day Weekend, we will have a new Food Truck for  
Saturday and Sunday

## Matr Food Truck

Cook/Owner Kris McPherson



# This & That

**Star Ranch After Hours Emergency  
Phone Number  
512-269-1433**

**The next Board of Directors meeting is scheduled for  
Saturday, August 16, 2025 @ 10am @ Tara Hall**

Listen to "StarCast", the Official Podcast of the Star Ranch Nudist Club  
on these podcast platforms



### C.O.G. Board of Directors

President	Mark S
Vice President	Mark B
Directors:	Jamie M
	Jean M
	Bart W
Treasurer	Mary L

### Sahnoan Council

Mike W & Jennifer M  
Pete T  
Rhum C  
Sherry L & Richard W  
Lori & Dennis M  
CM J  
Dan H

### Star Ranch Staff

General Manager	Linda McC
	Tim V
Front Office	Sandi S
	Rob D
Maintenance	Mike M
	Bruce R
Housekeeping	Mo V
	Tanna

*Thoughts*

**Ray M**

**Craig Mc  
Chris D**

*And*

*Prayers*

The Sahnoans at Star Ranch is a family-oriented nudist community/club that has been in operation since 1957. Dedicated to maintaining a wholesome and safe environment for the enjoyment of nudist activities, the Club is a member in good standing of the American Association for Nude Recreation (AANR) and AANR-Southwest. You have received this Newsletter because you are either a member of the club or you have opted-in on our website. Please let us know if you do not wish to receive future editions.

**The next Council meeting  
is scheduled for Saturday,  
August 9, 2025  
at 10:00am @ Tara Hall**

STAR RANCH



McDade, Texas

#### Note from the Editor

Deadline for newsletter submissions is the 25th of each month. If you have an idea or submission for the newsletter, please email me at [jkm8765@gmail.com](mailto:jkm8765@gmail.com). Jennifer M.

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