

SAHNOAN STAR

Stand Not Between Me and the Sun

Let the cool crisp air put a “spring” in your step...
Come join the fun!



Enjoy a rural run through Star Ranch. The course winds its way around pastures and through woodland trails for approximately three kilometers before entering the developed portion of the Ranch. The final two kilometers are on the sand and gravel paths connecting the cottages and cabins owned by our members. The race finishes at our gorgeous pool where you can enjoy burgers off the grill while awaiting race results.

We are the final stop of the 2023 A.A.N.R. Southwest Nude Racing series (but you need not have participated in any other race to run here). All our runs are "clothing optional" meaning wear as much or as little as you like. We pride ourselves on 66 years of hospitality serving the nudist community of central Texas. Visit our web site for more information on the Ranch and the other activities we host throughout the year.

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President's Message

As I transcribe the history, I am amazed by the folks who founded our club. I feel honored to be the current steward of their creation. As such, I wanted to give you an update on the indoor pool and hot tub which remained closed due to safety concerns. The hard truth is there is no quick and easy fix to this problem. Of course, the fastest and least expensive solution would be to save the existing pool and shore up the sagging foundation. But, we won't know if that is possible until we tear into the structure. Ronnie and Bart have put together a logistical plan to do that assessment. Work will begin in October with assistance from Joey K who has both construction and foundation experience. Once we have a good idea of what is going on we can present the findings to the membership so you can weigh in on next steps. Even though we have members with engineering, architectural and construction experience, it is very likely we will need bids from outside contractors. As we progress with the assessment, we will evaluate what we have in terms of available funds. This becomes a bit tricky heading into the slow season when our income from visitors drops off precipitously. We have to be able to make payroll, pay bills and have a cushion for unexpected disasters. We will certainly have to do some fundraising as whatever we bite off is going to be expensive. If you can contribute any amount, large or small, we can earmark it for the remodel. I know that Sahnoans are a generous lot. The last time we had to raise a significant amount of funds, it was to redo the outdoor pool. I am hoping we can host some fun activities to keep folks coming through the winter months, as we have no idea when the pool will be back in service. This Spring we will have two big events in April, the 5K race and the solar eclipse, that should help replenish the coffers. For now, the best way for you to stay informed with accurate information is to attend our monthly Board of Directors meetings.

Pickleball! Thanks to all who have donated to the Pickleball fund. We have reached the first goal of \$6,000 which is enough money to take the old surface off the court and repair all the cracks and divots. That work will start in October. The next phase is to raise \$3500 to apply the new surface, paint lines and get new nets up. We hope to be able to do this work ourselves. That will cut costs and speed up the process. We have a tournament on the books for early December and will try to have the work done by then. The final phase will be backstops and fencing, hopefully to be completed by spring. I am looking forward to the day we can hang the cool oversized Pickleball paddles Mitch gave us on the fences to complete the project! Thanks to all who have supported this project!

Crystal

Next installment of The Beginning and History of the Sahnoans and Star Ranch by Myrl and Ditto S.

Games

Games are a part of nudism at parks and resorts. Tournaments have always been a reason to attend Star Ranch. Our first tournament in 1959 was a croquet tournament, on what is today the tennis court. A small 3" trophy cup was awarded to the winners. No one really wanted to take home something they would have to explain to family and friends that they received at a nudist camp, which was taboo. Towels were then embroidered for prizes. Many other clubs have followed this practice. "Sahnonans", being the leader in Texas, has remained in that position. Many clubs in Texas have former "Sahnoans" members as owners. Many of their rules and policies are from Star Ranch. We are proud of our accomplishments as not all clubs can boast of having the variety of accommodations and amenities that we have. It took a lot of devoted members to assemble and build all that we have today. No one person is to receive all the credit. However, credit and thanks go to all members and guests that have made Star Ranch and the "Sahnoans" the successful club that it is.

Celebration of Life for Rod M.

With tears in our eyes and a quaver in my voice, I tried to get through the presentation of a lifetime membership. Here is the presentation text if you missed the event.

To Pixie and Family:

I wish I had the right words to provide you comfort at this sad time. I think the best thing we can do is let you know how much Rod meant to us at Star Ranch. He assumed the role of General Manager at a time when the club was struggling. With Pixie at his side, he was able to financially stabilize the club. He also could fix or repair anything and everything! He was the hardest working person I ever met. I remember, not believing what I saw, him on the tractor mowing just weeks after his lung transplants. He was up on ladders, down in holes, messing with electrical wires and bringing dead vehicles back to life. When he was not working, he was playing and singing with joyful abandon. He and Pixie provided a wonderful heart that all things Star Ranch revolved around. It seemed nothing could stop him. He was like a cat with nine lives. He always kept busy living in the face of so many health issues that would have overwhelmed anyone else. He was that same tough resourceful person until the end.

I hope it helps you to know that so many people cared about Rod. He will be missed by his family and friends and the bonds that connected us will always keep a part of him with us. This bond may feel like a delicate thread, but in our grief, it becomes like a line of steel that helps to keep him in our memory.

As life goes on, I hope we can find ways to celebrate the memory of Rod. I know he would want us all to live every day to the fullest and continue the celebration of Rod's love for life and for the little place we call Star Ranch.

As a token of our appreciation of Rod's impact on Star Ranch, the Board and Council would like to present Pixie with a lifetime membership. Thank you for sharing Rod with us, we will never forget him.

Crystal W (and all of Star Ranch)

From Pixie Mc to Star Ranch...



Rodney McClanahan passed away on July 10, 2023, surrounded by his family and friends. On September 24, we gathered to celebrate his life.

Rod started his career at a Caterpillar dealership as a mechanic and worked his way up to a supervisor, manager, and then a product support manager. After 37 years, he took early retirement and we moved to Star Ranch. He was never one for sitting still, so he started working for the Star Ranch doing anything and everything from housekeeping to general manager. So much for retirement! I also worked for Star Ranch as the office manager. We were lucky to have worked together our entire married life. Rod was not afraid to cut down trees, dig in septic systems, repair roads with the tractor, lay flooring - whatever needed to be done, he would do it. Due to health issues, Rod quit

working at the Ranch after 8 ½ years. He felt his legacy would be the outdoor pool that

he helped update to its current state. At the Celebration of Life, I was presented with a lifetime membership to Star Ranch. I can't thank the Board and Council enough for this amazing gift. It has proven that Star Ranch is and has always been Rod and my second family. Again, thank you.

When he wasn't working, Rod loved his music, playing guitar and singing the old country classics. He wrote songs and books, and together we built a country music theater show. His love for cars led him to build a ¼ mile drag car that he raced. He also was restoring a 1958 Oldsmobile Rocket 88 just a few months ago.

We're going to miss him, and he will never be forgotten.

From the General Manager

I would like to inform all members of an improvement to our Star Ranch Fire Safety plan. In cooperation with the Fire Committee and the Board of Directors, I am happy to announce a new emergency text notification service available free of charge for all Star Ranch members.

Those who choose to opt-in to this free service will receive a short text message from the Star Ranch office on their phone when there is danger to life and property and immediate action is required, such as an approaching wildfire. This will supplement the existing horn & siren and alerts for those who may not be able to hear that warning.

To sign up, go to <https://www.dialmycalls.com/opt/141p> or use the QR code in this article. The same link can be used to unsubscribe. Once subscribed, please add 737-301-9074 to your contacts to ensure that messages are delivered to your phone. Giving it a name like "Star Ranch Emergency" will help you identify the text. The office will send quarterly tests beginning later this fall. I also recommend joining the Ranch Telegram service (contact Mark D.) and signing up for alerts for Bastrop County through WarnCentralTexas.org where more information would be available in case of emergency.

Bring any questions you may have to the next COG Board Meeting, Saturday October 21.

Linda M.
General Manager, Star Ranch



Q: What should I do if a copperhead snake bites me?

A: If the snakebite victim is less than an hour away from a hospital, most authorities agree on the following steps: 1.) Reassure the victim; keep him warm, quiet and comfortable. 2.) Remove rings and other constricting items. 3.) Loosely immobilize the injured part in a functional position and attempt to keep this part of the body just below heart level. 4.) Transport the victim to a medical facility quickly.

"Treat the victim for shock," adds Dr Andrew Price. "Anaphylactic (physiological) shock can kill as effectively as the venom itself, if not more so."

Most experts today believe that the less first aid done before going to the hospital, the better off the patient will be. "The most useful snakebite first aid kit consists of car keys and some coins for a call to a hospital," said Minton. He stressed that calling ahead is important, to give doctors time to prepare for the patient and consult other experts, if necessary.

"If you don't do anything, you haven't done anything wrong," notes Dr. Findlay Russell.

If feasible, try to identify the snake, but do not put another member of the party in danger. <https://tpwd.texas.gov/education/resources/texas-junior-naturalists/snakes-alive/snake-bit>

The Copperhead snake is the Number 1 listed venomous snake in Texas. <https://tpwd.texas.gov/education/resources/texas-junior-naturalists/snakes-alive/venomous-texas-snakes>





COUNCIL NEWS - SEPTEMBER...WOW!

by Mike W.

As Earth, Wind & Fire say the in the song SEPTEMBER, “Do you remember?”

So much was crammed into the normally quiet September, that you would be allowed to forget a few of the activities:

The Awesome Labor Day Weekend – the games, the food truck, great music, the fish dinner, and so much FUN!

The packed “off weekends” included: Karaoke, the 11th running of Sahnoan Downs, the thrilling Council and Board Meetings, and the dances, Even the pool cooperated with moderate temps. But still little rain...

And we topped it off with an activity-packed Anniversary Weekend (now our seventh biggest weekend) wrapped up by the X-Factory Band, followed by a Work Day to ready the joint for the Chilly Cheeks 5K!

Get ready. Here comes October!!! The Chilly Cheeks 5K Fun Run, Karaoke, Cotton Bowl Speedway OctoberFast, the 12th running of Sahnoan Downs, dances, Halloween Weekend, and more.

Have FUN!

OCTOBER BIRTHDAY DINNER

WHEN: Friday, October 20, 2023

TIME: 6:00pm

WHERE: Santa Fe Steakhouse in Giddings

Click here for [Menu](#)

Click here for [Map](#)



October, November, & December Birthdays

October	
10/3	Cynthia M
10/3	Glenn G
10/7	Cody H
10/7	Donna K S
10/8	Stephanie M
10/8	Bill G
10/14	Michelle L
10/14	Lottie H
10/15	Laura G
10/15	Teresa R
10/17	Gregory S
10/18	Patrick
10/19	Heather K
10/19	Ethel M
10/24	Rob D
10/26	Mike G
10/27	Kathy J
10/29	Ronald F
10/29	Steve O
10/29	Jason A

November	
11/1	Russell S
11/1	Catherine R
11/3	Kirby G
11/3	Dominique D
11/3	Mike K
11/4	Bill P
11/4	Carolyn C
11/8	Thomas M
11/9	Mace T
11/10	Rebecca O
11/12	Jennifer B
11/12	Lynn D
11/17	Gopal A
11/18	Jordan S
11/18	Adam W
11/19	Mike A
11/21	Peter G
11/25	Ann S
11/26	Jan A
11/28	Heather M
11/30	David P

December	
12/2	Courtney M
12/4	Stormy H
12/5	Russell N
12/8	James (JT) T
12/12	Bill B
12/12	Terry P
12/13	Brian W
12/15	Jean M
12/16	Travis L
12/17	Bruce S
12/19	Scott F
12/19	Elizabeth D
12/20	Pete T
12/20	Jeffrey B
12/21	Connie T
12/21	Richard G
12/22	Regina B
12/22	Gwen W G
12/25	Cristian B
12/26	Nancy R
12/26	Mary Alyson P
12/28	Barbara S
12/28	Judy Mc



UPCOMING EVENTS

ALL EVENTS ARE SUBJECT TO CHANGE - [Click Here For Online Calendars](#)

Friday, October 6

7:00pm Meet & Greet

Saturday, October 7

5th Annual CHILLY CHEEKS 5k

1:00pm Burgers @ the Nekkid Parrot

8:00pm DJ Dance

Sunday, October 8

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

Monday, October 9 & Tuesday, October 10 ***OFFICE CLOSED**

Friday, October 13

7:00pm Meet & Greet

Saturday, October 14

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

4:00pm The 12th Running at Sahnoan Downs

10:00am Sahnoan Council Meeting

7:00pm CBS OCTOBERFAST

8:00pm KARAOKE

Sunday, October 15

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

Monday, October 16 & Tuesday, October 17 ***OFFICE CLOSED**

Wednesday, October 18

6:30pm Tunes at Tara Hall

Friday, October 20

6:00pm Birthday Dinner Santa Fe Steakhouse in Giddings

7:00pm Meet & Greet

Saturday, October 21

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

10:00am COG Board of Directors

2:00pm Blind Volleyball

Sunday, October 22

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

Monday, October 23 & Tuesday, October 24 ***OFFICE CLOSED**

Friday, October 27

7:00pm Meet & Greet

Saturday, October 28 HALLOWEEN!

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

6:00pm Halloween Potluck

10:00am Decorate Tara Hall for Halloween

8:00pm Halloween Party and Dance

9:00pm Judging for Halloween Costume Contest

Sunday, October 29

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

Monday, October 30 & Tuesday, October 31 ***OFFICE CLOSED**

Wednesday, November 1

12:00pm Fire Siren & Horn Tests

Friday, November 3

7:00pm Meet & Greet

Saturday, November 4

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

12:00pm Naked Disc Golf @ Rob's

Sunday, November 5

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

Monday, November 6 & Tuesday, November 7 ***OFFICE CLOSED**

Friday, November 10

7:00pm Meet & Greet

Saturday, November 11

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall	12:00pm Salute to Veterans
10:00am Sahnnoan Council Meeting	7:00pm The 13th Running at Sahnnoan Downs
	8:00pm KARAOKE!

Sunday, November 12

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

Monday, November 13 & Tuesday, November 14 ***OFFICE CLOSED**

Wednesday, November 15

6:30pm Tunes at Tara Hall

Friday, November 17

6:00pm Birthdays Dinner

7:00pm Meet & Greet

Saturday, November 18

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

10:00am COG Board of Directors

12:00pm Tara Hall Thanksgiving Decorating

2:00pm Scavenger Hunt

Sunday, November 19

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

Monday, November 20 & Tuesday, November 21 ***OFFICE CLOSED**

Thursday, November 23 THANKSGIVING

1:00pm Thanksgiving Potluck Dinner

Friday, November 24

7:00pm Meet & Greet

Saturday, November 25

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

1:00pm Boat Races

6:00pm Thanksgiving Leftovers Potluck

Sunday, November 26

8:30am Breakfast in Margie's Nekkid Cafe / Tara Hall

Monday, November 27 & Tuesday, November 28 ***OFFICE CLOSED**

This & That

Anniversary Weekend Tournaments Results

Pickleball	1 st Place - Mike W & Steve C	2 nd Place - Angie W & Mike K
Water Volleyball	1 st Place - Team 1 Ray M, Randy, Patrick T, Russell S, James S	
	2 nd Place - Team 2 Chris A, Dan H, Mike K, Patrick, Jason	
Washers	1 st Place - Linda B & Dan H	2 nd Place - Angie W & Bob R
Cornhole	1 st Place - Angie W & Brian W	2 nd Place - Bob R & Steve C



*Melissa and Linda - and everyone at the Ranch- Ty to all of u, from the office to members to other guests, for such an enjoyable and relaxing weekend. We look forward to many more of these to come.
Peace! C u soon! B & J*

Happy  **Fall y'all** 

WELCOME
new members

Sean & Sarah J
Paul & Barbara S
Jeffrey & Deborah B
Daniel T
Thomas P

The next Board of Directors meeting is scheduled for Sunday, October 21, @ 10am @ Tara Hall



Mark's Musings

Frozen H2O

If you are a routine reader of this space, you have learned a lot about my travels in social nudity. From the multiple clubs Sandi and I have visited, to the many clubs we have joined, you have read contrasting opinions from a Star Ranch perspective.

Like most of the clubs I have visited, Star struggles with ICE. Yes, you read that correctly: Ice. Star has a commercial ice machine, how cool is that. The machine operates as it should and our members/guests can purchase ICE on site for \$3.00 per bag. So where is the rub? What is causing the struggle? Two issues: 1) Theft 2) Storage Capacity.

Before we talk about our issues, let's examine what others have done. One club buys commercially bagged and delivered ice. It is placed in a commercial freezer provided by the vendor. Members are then told to deposit funds in a drop box mounted on the freezer. This approach is a perennial loser as the club pays far more for ice than they collect in revenue. A second club has a commercial machine similar to ours without the bagging function. The ice simply drops into a large bin. The ice is provided free of charge. The result: members pull up with their 120-quart cooler and load up. The result: the machine can not keep up with demand and all members except those that load up first thing in the morning go without. The third club buys commercially bagged ice and issues it to members bag by bag paid for as they go. They have placed a freezer adjacent to their office. This creates friction when the office team is outside dealing with ice versus handling other office business like answering calls for example. The other rub is they only take cash, members are not allowed to have the purchase placed on their account as we do at Star.

Now that we have some background concerning ice approaches elsewhere, let's talk about us. We flat need more freezer capacity. Those that bag ice are having to fill the freezer multiple times per day just to keep us supplied on busy weekends. This is obviously an inefficient approach that needs to be corrected. Time spent bagging ice is time not spent doing other needed tasks. I get it, it is a cost of doing business but we need to cut through the red tape and get a second freezer. Without talking to Linda or the board, I am asking for donations for a freezer. A 14 cubic ft. garage ready freezer is \$800-1000 depending on model. I will get this started by providing the first \$200.00. If you wish to contribute, please forward your funds to Linda.

Our second issue involves theft. Please be diligent in recording your purchases. Our system is based on honesty, so don't take advantage. If you consume the ice, please pay for it.

As always, thanks for all you do.

Mark S

C.O.G. Board of Directors

President Crystal W
 Vice President Ronnie B
 Directors: Jamie M
 Jean M
 Bart W

 Treasurer

Sahnoan Council

Deborah V
 CM J
 Mike W & Jennifer M
 John M
 Bob R
 Mike & Linda G
 David Mc & Pete T

Star Ranch Staff

General Manager	Linda McC
Front Office	Melissa S
 Maintenance	 Mike M
	Bruce R
 Housekeeping	 Paula T

Thoughts

Eric G

Bill B

Joe W

And

Prayers

Classified Ads

The Board recently approved the reinstatement of ads in the Sahnoan Star, our monthly newsletter.

Please send your finished ad as a .jpeg file to Jennifer at jkm8765@gmail.com

Ad rates are as follows:

Full page ad—\$80

1/2 page ad—\$60

1/4 page ad—\$40

Business card ad—\$25

The Sahnoans at Star Ranch is a family-oriented nudist community/club that has been in operation since 1957. Dedicated to maintaining a wholesome and safe environment for the enjoyment of nudist activities, the Club is a member in good standing of the American Association for Nude Recreation (AANR) and AANR-Southwest. You have received this Newsletter because you are either a member of the club or you have opted-in on our website. Please let us know if you do not wish to receive future editions.

**The next Council meeting
 is scheduled for
 Saturday, October 14,
 at 10:00am @ Tara Hall**

STAR RANCH



McDade, Texas

Note from the Editor

Deadline for newsletter submissions is the 25th of each month. If you have an idea or submission for the newsletter, please email me at jkm8765@gmail.com. Jennifer M.