

# SAHNOAN STAR

*Stand Not Between Me and the Sun*

## Annual Shareholders' Meeting

By Mike W.

Saturday's Conference of Olympus (Gymnosophical), Inc. Annual Shareholders' Meeting went as well as any in recent memory. The meeting was gaveled in at exactly 10:00AM.

Recording Secretary Jamie M. read and disposed of the minutes of the last meeting of shareholders. He was followed by the announcement of the distribution of the annual statement by David M., the Corporate Treasurer.

Mike W., the Corporate Secretary, conducted The Roll Call, which indicated a nice crowd had gathered for the event, a quorum was present and all proxies were deemed valid. The election of directors could commence.

The following were nominated: Dr. Crystal W, Mr. Jamie M, Mr. Mark S. and Mr. Ronnie B. Brief statements were made by the nominees.

A recess was then called for the Council to deliberate its decision (it holds 101 of the 200 shares). The Council chose to take no action this year.

Voting inspectors were then announced: Chris A, Debbie J, Jody J and Melody T. with Chris A serving as the supervising inspector.

The voting then took place and the inspectors retired to count the votes.

President Crystal W. then called the room to order to conduct a brief BOD meeting, during which she gave a State of the Ranch report, followed by a brief description of Proposed Plans for the Future.

Under New Business, Crystal asked to poll the audience on their feelings with regard to banning smoking inside the pool area. The balloting came back with 41 voting in favor of a ban and 14 opposing it. More research will occur, and the final decision will be put to a vote in the future.

CM then presented the Council Membership Report.

As if on cue, the voting inspectors returned just in time to report that Crystal W., Jamie M. and Ronnie B. were re-elected.

Thanks to all who attended. See you next year!

### INSIDE THIS ISSUE

History Installment	2
From the President	2
Birthdays	5
Calendar/Upcoming Events	6-8
Classifieds	10
From the Council	11
Board/Council/Staff	12

## **Next installment of The Beginning and History of the Sahnoans and Star Ranch by Myrl and Ditto S.**

ASA (American Sunbathing Association) and AANR (American Association for Nude Recreation)

The Sahnoans started with an ASA charter. But, as time went on, officers, the Constitution and rules changed so much that Sahnoan members and the governing body could not live with it. Tom started another ASA club, "Tara Park" with about 50 members.

Because we were not 100% in 1973, they pulled the "Tara Park" charter as well as the Sahnoans charter in the early 1960's. ASA lost about 20 clubs nationwide, because of this rule. Several national and regional associations formed the American Health Alliance, which was run from Spokane, Washington. Tom formed the American Gymnosophical Society (AGS) and ran it from Star Ranch. This is why the print shop was needed. The Golden States Region in California had about a dozen clubs. A few other associations were formed, and ASA finally saw the light. They changed many rules and policies, including the consumption of alcohol. The Sahnoans operated successfully for approximately 20 years as an independent. ASA changed their name to AANR. The new policy allowed two types of clubs, 100% membership and "affiliate" members. Sahnoans then rejoined the AANR. It has recently been reported that several 100% clubs are not really 100%; some members refused to join AANR. To keep members on the books, clubs overlooked the AANR rules.

### **President's Message**

I am finding this history very interesting. I had no clue about the early struggle to organize and protect the nudist lifestyle. I have recently had the privilege to have some in depth conversations with Lucy Heide, the current AANR SW President. She is working diligently to ensure that AANR provides value to nudist clubs through their attention to monitoring legislation that impacts our rights as nudists, and to promote social nudism. They are also trying to understand the challenges that nudist clubs face to simply exist.

AANR SW will be having their convention at Star Ranch June 9 -11. They need a quorum of members to be able to conduct business. If you are an AANR member I hope you will attend so they can keep working for us. If you are not a member, I would ask that you consider joining. You can visit their website <https://www.aanr.com> to get more information. You can join through Star Ranch, just contact the office for details. The AANR board will be having a meet and greet on June 9th by the pool. All are welcome to attend. The AANR representatives are very approachable and are interested in your perspectives on how they can be of service. I hope you will join us!

Recently Lucy has encouraged us to do some cross promotion with other clubs. There are many folks who travel who opt to stay at nudist resorts as they crisscross the country. We have shared some brochures with clubs on the Texas Coast and some north of the Rio Grande. Our friends who visited from Turtle Lake in Michigan took our brochures home and will be sending us some from their club. I like the idea of the clubs supporting one another in this way. We have promised our Michigan friends that we will try to visit them in the near future. Each club has its own personality and traveling around makes you appreciate what we have here at home. Thank you all for making this place a true paradise!

Crystal

# First Nude Cruise “Lessons Learned”

## by Phil C

The King of Norway reportedly said to Mark Twain “I regret that I will never again have the pleasure of reading your books for the first time.”

Having seen a recent article on “Ten Lessons for a First-time Nude Cruise” (article in the Ranch’s Nude Cruise Messenger chat), I thought that lessons learned from my first nude cruise would be at least as good and a lot more useful. So, with Sandi’s (gentle) prodding, the following are those that I gathered from my first (and hopefully not last) nude cruise.

Backstory - I went on the two-week Carnival Pride Big Nude Boat out of Tampa in February 2023 as a (reluctant) single, hosted by Bare Necessities. If you go through another line or vendor, some of these may not apply. Please consider the source and if you have any questions, you can usually find me at Star Ranch or Hippie Hollow on good weather weekends year-round! Here goes, in no particular order:

Read ALL the lead-up communications from Bare Necessities and the cruise line and adhere to their timetables. There will be a LOT so just deal. You don’t want to miss a key timeline or note about some detail.

Take less than you think you need. Pack, cut out half, then cut some more. Less IS more, unless you enjoy the costume wearing theme nights. In which case, take a textile cruise!!

That goes for reading material also. I took a few books. I cracked one open once. Too much else to do!

Bring a drawstring “backpack” for leaving your cabin or shore trips to hold your stuff (clothes, slides/flip flops, sunscreen, etc.). It’s lightweight and sufficient.

If going out of Tampa, stay at Lake Como (or Cypress Cove) for a couple nights before cruising. They are close to the port, Lake Como especially, and really help set the table for being in the nude before boarding! Cypress Cove ran a shuttle service to and from the port letting you leave your car there. I parked at the port and it wasn’t cheap!

**BE HERE NOW.**

For the duration of the cruise pay NO attention to world events, politics or even sports outcomes. Give yourself completely over to the “Bubble of the Boat”!

Once on board immediately download the cruise line’s contact and events app and spend some time learning it. How and who you can direct contact, who you can’t. How to get cruise scheduled activities (and their location!) onto your personal schedule. The layout of the boat. It’s great when you know how to use it.

Learn the layout of the boat.

Take the stairs. . .

. . . and bring a pair of comfortable walking shoes. There is good exercise to be had walking round the upper outer deck. If I wasn’t in slides, I had on sneakers, which work for shore excursions as well.

Read the daily activities guide the night before and load your schedule in the app in advance. You will hit the deck running and have a roadmap as to what you intend to do. But . . . and this is a BIG BUT. . . be flexible. You might meet someone who’s next activity you would now prefer over the one you scheduled. And that’s OK (being single helped here!)

Wear a name necklace. Thank you, Nancy!!

Try to eat from every shipboard option at least once, even if you have to put on clothes to do so. Graze all the buffet options, try the main dining room, and sample the specialty restaurants on board. Damn the additional cost! You've already blown the budget!

Give every type of experience on board a try. Sing Karaoke, with AND without clothes. See a comedy show. SEE A VARIETY SHOW. Check out the passenger talent show. Take a photography class. Attend a pickleball instruction. Dance till late in the night-club. Get a drink, even if soft, in every bar on board. Make the scene on deck around the pools. Strike up a conversation. Take a nude yoga class. Use the cruise as a chance to do something different. Think of the Brownie Scouts "Try It" campaign!

Stay hydrated! Alcohol and sun WILL drain your body. Drink a bottle of water between every alcoholic drink. I preordered a couple of cases of bottled water which were delivered to my cabin where I had a fridge. I always took cold water with me when leaving my cabin.

Wear a wide-brimmed hat with a chin string (wind!) and sunglasses and sunscreen while on deck and on shore. Your 80-year-old face will appreciate it even if your dermatologist does not.

If you feel like a nap, or going to bed early (on the VERY rare occasion), do it. The restoration experienced on board will be twice as effective as a nap or early to bed evening at home is. Allowing you to . . .

... Stay up late! That's when the "zoo" is at its best. Some great folks ramble around the boat late at night. And if they can't sleep, they can and will talk.

Allow yourself to both meet people on your own and others to introduce you to them (Mike W!) If you never want to see them again, they are easily avoided. If you hit it off, they are easily found.

Buy someone else a drink. Repeat as desired. I sent a bottle of champagne to the cabins of some dear friends I met on board.

Eat the soft serve ice cream at every opportunity. Calories don't count on board as nobody is hiding their bodies and you don't need to either. Relish being naked for the joy and blessing it is.

Don't sweat finding a towel. They are literally everywhere.

ENJOY the shore excursions. The nude beaches were a blast, the nude catamaran and snorkeling trip was one of the best adventures I've ever had. And you can schedule some even the day ahead so take advantage.

Sample every genre of live music on board. I knew I'd love the classic band (guitar, bass, keyboards, drums and gal singer) and I did! But who knew I'd so enjoy the violin trio? And even the solo guitarist/singer sucked me in when I least expected it. They mix it up so watch for their different programs.

Be naked as much as you can. It's why you are on board, right?!?

Go with a romantic partner. There were very few times that I didn't wish I was with the love of my life!

Bon voyage!!! Be a King. Or Queen!

## MAY BIRTHDAY DINNER

**WHEN:** Friday, May 19, 2023

**TIME:** 6:00pm

**WHERE:** Farmhouse Diner in—Paige [Map here](#)

[Menu here](#)



# May, June, & July Birthdays

May	
5/2	Kelly E
5/3	Mike K
5/4	Robert B
5/6	Brenda B
5/9	Nestor S
5/9	Michelle G
5/10	Bart W
5/10	Mary L
5/11	Ronald C
5/13	Scott B
5/17	Linda B
5/18	Ivan Mc
5/18	Charles L
5/18	Rick C
5/19	Charles "Patrick" T
5/21	Melanie S
5/24	Ruben J
5/27	Dave M
5/30	Linda Mc

June	
6/1	Sandi S
6/1	Larry T
6/1	Nathan B
6/2	Anthony M
6/3	Deborah V
6/5	Juan H
6/7	Tara V
6/8	Timothy R
6/9	Destin S
6/12	Debbie J
6/19	Marietta D
6/20	David T
6/21	Kelly R
6/23	Jody J
6/28	Chris A
6/28	Stephen T
6/29	Dan A

July	
7/1	Susie V
7/1	Mark S
7/4	Scott T
7/4	David S
7/5	Sandy C
7/7	James "Jim" P
7/7	Richard T
7/8	John S
7/10	Melody T
7/11	Marvin K
7/12	Melissa A
7/15	Tommy.S
7/15	Linda G
7/15	Jana F
7/17	Jim A
7/17	Angie R
7/23	David Mc
7/23	Deidra F
7/25	John M
7/26	Abegail M
7/27	Gary A
7/29	Megan S



## UPCOMING EVENTS

\*\*\*ALL EVENTS ARE SUBJECT TO CHANGE\*\*\*

[Click Here For Online Calendars](#)

### Wednesday, May 3

12:00pm Fire Siren & Horn Tests

### Friday, May 5

7:00pm Wine & Cheese & more!

### Saturday, May 6

8:30am Poolside breakfast at the Nekkid Parrot

2:00pm Margarita Contest @ the pool

3:00pm Salsa Contest @ the pool

4:00pm Hat Contest Winner announced

6:00pm Taco Bar @ the pool

8:00pm A Bailar! Let's Dance!

### Sunday, May 7

8:30am Poolside breakfast at the Nekkid Parrot

### Monday, May 8

OFFICE CLOSED

### Friday, May 12

7:00pm Wine & Cheese & more!

### Saturday, May 13

8:30am Poolside breakfast at the Nekkid Parrot

10:30am Sahnoan Council Meeting

2:00pm Snacks @ the pool

8:00pm KARAOKE!

### Sunday, May 14

8:30am Poolside breakfast at the Nekkid Parrot

### Monday, May 15

OFFICE CLOSED

### Wednesday, May 17

6:30pm Tunes at Tara Hall

### Friday, May 19

6:00pm Birthday Dinner @ Farmhouse Diner in Paige

7:00pm Wine & Cheese & more!

### Saturday, May 20

8:30am Poolside breakfast at the Nekkid Parrot

10:00am COG Board of Directors

1:00pm Cornhole & Molkky

2:00pm Snacks @ the pool

8:00pm DJ Dance @ the pool

### Sunday, May 21

8:30am Poolside breakfast at the Nekkid Parrot

### Monday, May 22

OFFICE CLOSED

**Friday, May 26**

7:00pm Wine & Cheese & more!

**Saturday, May 27**  
**MEMORIAL DAY WEEKEND**  
**GARAGE SALE**

8:30am Poolside breakfast at the Nekkid Parrot	4:00pm Washers
10:00am Petanque	6:00pm Sand Volleyball
12:00pm BBQ is being served!	8:00pm DANCING @ the pool!
12:00pm Water Volleyball	

**Sunday, May 28**  
**MEMORIAL DAY WEEKEND**

8:30am Poolside breakfast at the Nekkid Parrot	4:00pm Cornhole Contest
10:00am Pickleball	6:00pm Sand Volleyball
12:00pm Mexican is being served!	8:00pm DJ Dance @ the Pavilion
12:00pm Water Volleyball	

**Monday, May 29**  
**MEMORIAL DAY WEEKEND**  
**OFFICE CLOSED**

**Friday, June 2**  
7:00pm Wine & Cheese & more!

**Saturday, June 3**  
**SAHNOAN COUNCIL ELECTIONS**

8:30am Poolside breakfast at the Nekkid Parrot  
2:00pm Snacks and Bubbly @ the pool  
6:00pm Potluck @ the pool  
8:00pm DJ DANCE!

**Sunday, June 4**  
8:30am Poolside breakfast at the Nekkid Parrot

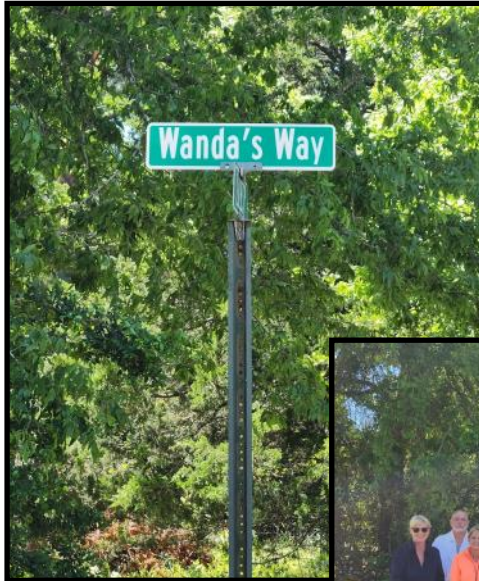
**Monday, June 5**  
**OFFICE CLOSED**

**Wednesday, June 7**  
12:00pm Fire Siren & Horn Tests

<b>Friday, June 9</b> <b>AANR SW Convention</b> 5:00pm AANR-SW Meet & Greet - At the pool. 7:00pm Wine & Cheese & more!							
<b>Saturday, June 10</b> <b>AANR SW Convention</b> 8:30am Poolside breakfast at the Nekkid Parrot 10:30am Sahnoan Council Meeting 8:00pm KARAOKE!							
<b>Sunday, June 11</b> <b>AANR SW Convention</b> 8:30am Poolside breakfast at the Nekkid Parrot							
<b>Monday, June 12</b> OFFICE CLOSED							
<b>Friday, June 16</b> 6:00pm Birthday Dinner @ Santa Fe Steakhouse in Giddings 7:00pm Wine & Cheese & more!							
<b>Saturday, June 17</b> <table border="1"> <tr> <td>8:30am Poolside breakfast at the Nekkid Parrot</td><td>2:00pm Golf Cart Wash</td></tr> <tr> <td>10:00am COG Board of Directors</td><td>2:00pm Snacks @ the pool</td></tr> <tr> <td>11:00am Blind Golf Cart Races</td><td>8:00pm DJ DANCE</td></tr> </table>		8:30am Poolside breakfast at the Nekkid Parrot	2:00pm Golf Cart Wash	10:00am COG Board of Directors	2:00pm Snacks @ the pool	11:00am Blind Golf Cart Races	8:00pm DJ DANCE
8:30am Poolside breakfast at the Nekkid Parrot	2:00pm Golf Cart Wash						
10:00am COG Board of Directors	2:00pm Snacks @ the pool						
11:00am Blind Golf Cart Races	8:00pm DJ DANCE						
<b>Sunday, June 18</b> 8:30am Poolside breakfast at the Nekkid Parrot							
<b>Monday, June 19</b> OFFICE CLOSED							
<b>Wednesday, June 21</b> 6:30pm Tunes at Tara Hall							
<b>Friday, June 23</b> 7:00pm Wine & Cheese & more!							
<b>Saturday, June 24</b> 8:30am Poolside breakfast at the Nekkid Parrot 2:00pm Snacks @ the pool 8:00pm DJ Dance							
<b>Sunday, June 25</b> 8:30am Poolside breakfast at the Nekkid Parrot							
<b>Monday, June 26</b> OFFICE CLOSED							
<b>Friday, June 30</b> 7:00pm Wine & Cheese & more!							



# This & That



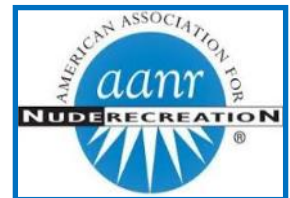
*Dedication of street  
name to Wanda H.  
Forever in our hearts...*



**The next Board of Directors meeting is scheduled for  
Saturday, May 20th, @ 10am @ Tara Hall**

**WELCOME**  
*new members*

**Richard B and April R**



# Classifieds

## FOR SALE - 2020 Forest River Travel Trailer at Camp Site D1

RV model: Cherokee 274VFK

Gross Vehicle Weight: 7,047

VIN: 4X4TCKC22LX141512

Sleeping Capacity: 6

Awnings: 1

Slide Outs: 1

Length: 34

Exterior Color: Silver Grey/Blue    Interior Color: Grey/  
Brown



**Price: \$25K**

Site D1 has a new, electrical pole set-up, an outdoor shower, a golf cart & car port with newly spread gravel, a metal shed, water & septic set-up, and a large yard.

Please contact Teresa Sterling at 512-565-6013 if interested.

## Perfect Weekend Camper for Sale!

2005 Pilgrim for sale for \$7000, located under cover at H1. Well maintained bargain, no leaks or soft spots. 20 footer, 5000 pounds, and ½ ton truck towable. More pictures: <https://bit.ly/ReginasCamper>  
Call Regina at 512-766-8454 if interested.





## From the Council

The "Fun Times" are in full swing at Star Ranch 2023. If you haven't made plans to come out, you are missing on some interesting activities!!! We had our first "Deck Crawl" last weekend. Members that built decks on their sites in the past year showed off the results of their handiwork along with refreshments and snacks. Very entertaining evening. May will begin with a Cinco de Mayo celebration. That will include a Margarita Contest, Salsa Contest, Hat Contest (in honor of the Kentucky Derby), and a Potluck Taco Bar.

There is some jockeying of activities on May 13th, so please keep an eye on the Web page for specific activities and times. The water is warming up nicely, so it is time to start brushing up on your water volleyball skills. There will be a Corn Hole and Molkky challenges on May 20, just in time for Memorial Day celebration. There will be a BBQ food truck on Saturday, May 27th, and a Taco food truck on Sunday, May 28th. Like last year, both are pay-as-you-go vendors.

That brings us to June. The first Saturday in June is Star Ranch Sahnoan Council Election. Even though the Council is an elected Group, it is Volunteer!! Star Ranch is always in need of volunteers. Please consider sharing your talents. The Council is always looking for new ideas or old ideas we have forgotten about!! If you have ANY questions about the Council, just ask - through any forum - FB pages, Web page, or "Contact us" All questions AND answers are free!!

Please keep an eye on the weekly calendar at the Ranch, the Web page, and your Newsletter for schedules!!!  
Welcome to SPRING!!



**Kentucky Derby hat samples**

### C.O.G. Board of Directors

President	Crystal W
Vice President	Ronnie B
Directors:	Jamie M
	Jean M
	Bart W
Treasurer	David M

### Sahnoan Council

Deborah V  
Mark D  
Bob & Nancy R  
CM J  
Mark & Sandi S  
Mike W & Jennifer M  
John M

### Star Ranch Staff

General Manager	Linda McC
Front Office	Melissa S
Maintenance	Mike M
	Patrick L
Housekeeping	Paula T

*Thoughts*

**Pat W**

*And*

**Rod McC**

*Prayers*

### **Classified Ads**

The Board recently approved the reinstatement of ads in the Sahnoan Star, our monthly newsletter.

Please send your finished ad as a .jpeg file to Jennifer at [jkm8765@gmail.com](mailto:jkm8765@gmail.com)

Ad rates are as follows:

Full page ad—\$80

1/2 page ad—\$60

1/4 page ad—\$40

Business card ad—\$25

The Sahnoans at Star Ranch is a family-oriented nudist community/club that has been in operation since 1957. Dedicated to maintaining a wholesome and safe environment for the enjoyment of nudist activities, the Club is a member in good standing of the American Association for Nude Recreation (AANR) and AANR-Southwest. You have received this Newsletter because you are either a member of the club or you have opted-in on our website. Please let us know if you do not wish to receive future editions.

**STAR RANCH**



McDade, Texas

**The next Council meeting  
is scheduled for  
Saturday, May 13th,  
at 10:30am @ Tara Hall**

### **Note from the Editor**

Deadline for newsletter submissions is the 25th of each month. If you have an idea or submission for the newsletter, please email me at [jkm8765@gmail.com](mailto:jkm8765@gmail.com). Jennifer M.

Copyright 2023—Conference of Olympus Gymnosophical, Inc.